



Urban Energy Transitions: Grid Modernisation, Investment, and Policy for Decarbonization

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تحولات الطاقة الحضرية: تحديث الشبكات، والاستثمار فيها، وسياساتها لإزالة الكربون

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Abstract:

Rapid urbanization, population growth, and economic expansion have increased the contribution of cities to global energy consumption and greenhouse gas emissions, reinforcing the need for accelerated improvements in energy efficiency and urban decarbonization. Simultaneously, the electrification of transportation, heating, cooling, and buildings, together with the expansion of distributed solar photovoltaic systems and energy storage, is transforming the structure and operation of urban power systems. This article examines the strategic role of electricity grids in enabling sustainable urban energy transitions, with particular emphasis on grid investment, modernization, digitalization, flexibility, and policy development. The article discusses how ageing and capacity-constrained networks may impede electrification, delay renewable-energy integration, and increase the risk of congestion, outages, and emissions. The analysis highlights the importance of reinforcing transmission and distribution infrastructure while deploying smart meters, advanced monitoring, automated control, energy storage, demand-response programmes, and intelligent electric-vehicle charging. It also emphasizes the need to align urban development with power-system planning and establish adaptive regulatory frameworks that encourage investment, innovation, consumer participation, and equitable access to reliable electricity. The article concludes that coordinated policy action and timely grid modernization are essential for developing flexible, resilient, and cost-effective urban power systems capable of supporting energy-efficiency objectives, accommodating emerging technologies, and advancing the transition towards inclusive, low-carbon, and climate-resilient cities.

Keywords: Urban Energy Transition; Grid Modernization; Energy Efficiency; Decarbonization; Smart Grids; Urban Policy.

المخلص:

أدى التوسع الحضري السريع والنمو السكاني والتوسع الاقتصادي إلى زيادة مساهمة المدن في الاستهلاك العالمي للطاقة وانبعاثات غازات الدفيئة، مما يعزز الحاجة إلى تسريع تحسين كفاءة الطاقة وإزالة الكربون من المناطق الحضرية. وفي الوقت نفسه، تُحدث كهربة قطاعات النقل والتدفئة والتبريد والمباني، بالتزامن مع التوسع في أنظمة الطاقة الشمسية الكهروضوئية الموزعة وتقنيات تخزين الطاقة، تحولاً جوهرياً في هيكل أنظمة الطاقة الحضرية وطرق تشغيلها. تبحث هذه المقالة في الدور الاستراتيجي لشبكات الكهرباء في تمكين التحولات المستدامة للطاقة في المدن، مع التركيز بوجه خاص على الاستثمار في الشبكات وتحديثها ورقمنتها وتعزيز مرونتها وتطوير السياسات المرتبطة بها. كما تناقش الكيفية التي يمكن أن تؤدي بها الشبكات المتقدمة والمحدودة السعة إلى إعاقة عمليات الكهرباء، وتأخير دمج مصادر الطاقة المتجددة، وزيادة مخاطر ازدحام الشبكات وانقطاع التيار الكهربائي وارتفاع الانبعاثات. يسلط التحليل الضوء على أهمية تعزيز البنية التحتية لشبكات نقل الكهرباء وتوزيعها، بالتوازي مع نشر العدادات الذكية، وأنظمة المراقبة المتقدمة، وتقنيات التحكم الآلي، وحلول تخزين الطاقة، وبرامج الاستجابة للطلب، وأنظمة الشحن الذكي للمركبات الكهربائية. كما يؤكد ضرورة مواءمة

التنمية الحضرية مع تخطيط أنظمة الطاقة، ووضع أطر تنظيمية مرنة تشجع الاستثمار والابتكار ومشاركة المستهلكين، وتضمن الوصول العادل إلى إمدادات كهربائية موثوقة. وتخلص المقالة إلى أن تنسيق الإجراءات والسياسات وتنفيذ تحديث شبكات الكهرباء في الوقت المناسب يُعدّان أمرين أساسيين لتطوير أنظمة طاقة حضرية مرنة وقادرة على الصمود وفعالة من حيث التكلفة، بما يمكنها من دعم أهداف كفاءة الطاقة، واستيعاب التقنيات الناشئة، وتسريع الانتقال نحو مدن شاملة ومنخفضة الكربون وقادرة على التكيف مع التغيرات المناخية.

الكلمات المفتاحية: التحول الحضري للطاقة؛ تحديث شبكات الكهرباء؛ كفاءة الطاقة؛ إزالة الكربون؛ الشبكات الذكية؛ السياسات الحضرية.

1. Introduction

Cities have become central to the global transition towards sustainable and low-carbon energy systems [1,2]. They accommodate more than half of the world's population, generate over 80% of global gross domestic product, and account for a substantial proportion of energy consumption and greenhouse gas emissions [3,4]. Continued urbanization, population growth, economic development, and rising living standards are expected to intensify demand for electricity, transport, heating, cooling, and other energy services [5-7]. Consequently, the ability of cities to improve energy efficiency and replace direct fossil-fuel consumption with low-emission electricity will play a decisive role in achieving national and international decarbonization targets [8-11].

Electrification is a principal pathway for reducing emissions from urban transport, buildings, and industrial activities [12,13]. The rapid adoption of electric vehicles, heat pumps, air-conditioning systems, rooftop solar photovoltaic installations, and battery energy storage is already changing how electricity is generated, consumed, and exchanged across urban areas [14-17]. These technologies can reduce fossil-fuel dependence, improve local air quality, increase consumer participation, and facilitate the integration of renewable energy [18-23]. However, their large-scale deployment also creates new operational challenges, including higher peak demand, variable and bidirectional power flows, voltage fluctuations, network congestion, and increasing pressure on ageing transmission and distribution infrastructure [24-28].

Electricity grids therefore constitute the backbone of urban energy transitions. Conventional networks were primarily designed to deliver electricity from large, centralized power plants to passive consumers under relatively predictable demand conditions [29-32]. Emerging urban energy systems, by contrast, involve a growing number of active and decentralized participants, including households with rooftop solar systems, electric-vehicle charging stations, energy communities, storage operators, aggregators, and smart buildings [33-39]. Managing these interconnected resources requires electricity networks that are not only larger and stronger but also more flexible, intelligent, digitalized, and resilient.

Yu et al. [40] analyzed data from Chinese cities between 2003 and 2019 using machine-learning and interpretable algorithms to investigate urban energy-transition pathways in terms of energy-system performance (ESP) and transition readiness (TR). They also employed a Monte Carlo simulation combined with kernel density estimation to project future transition scenarios across both dimensions. The findings demonstrate that most transition drivers generate synergistic improvements in ESP and TR, whereas a limited number affect only one dimension. The simulations further indicate that China's urban energy transition is likely to decelerate gradually if current development trajectories persist. Moreover, substantial variations in ESP and TR were identified across regions, resource endowments, and urban functional characteristics.

In [41], the evolution of urban buildings is driven by increasingly stringent regulatory and legal requirements, alongside advances in technology and digital tools. These developments facilitate the transformation of buildings from passive energy consumers into active, sustainable, and grid-interactive prosumers. Within smart-grid frameworks, this transition could enable urban buildings to achieve net-zero or even net-positive energy performance and support the emergence of zero-energy communities, representing a fundamental departure from current energy-consumption models.

Yang et al. [42] reported that cities are major centers of energy consumption, making the urban energy transition (UET) essential for achieving carbon-peaking and carbon-neutrality targets. Using China's New Energy Demonstration City Construction (NEDCC) initiative as a quasi-natural experiment, the authors assessed its effects on UET through a balanced panel dataset covering 272 cities from 2006 to 2022. Difference-in-differences estimates demonstrated that the NEDCC initiative significantly promoted urban energy transitions, with this conclusion remaining consistent across a series of robustness tests.

This article contributes to the literature by presenting an integrated analysis of the relationships among urbanization, greenhouse gas emissions, energy efficiency, and electricity-grid transformation

within the context of urban decarbonization. It clarifies the enabling role of modern power networks in supporting the electrification of transport, heating, cooling, and buildings while integrating distributed renewable-energy resources. Furthermore, the study identifies essential investment and technological priorities, including network reinforcement, grid digitalization, energy storage, demand-side flexibility, and smart charging. It also develops policy-oriented recommendations for aligning urban development with power-system planning, accelerating grid connections, encouraging public and private investment, and ensuring that the costs and benefits of grid modernization are distributed equitably. By combining technical, financial, environmental, institutional, and social perspectives, the article provides a coherent framework for policymakers, regulators, utilities, and urban planners seeking to develop resilient, affordable, flexible, and low-carbon urban electricity systems.

2. Urbanisation, Greenhouse Gas Emissions, and the Global Energy-Efficiency Imperative

Cities serve as the principal engines of the global economy and are central to sustained economic growth. Although urban areas accommodate approximately 56% of the world's eight billion inhabitants, they generate more than 80% of global gross domestic product (GDP) [43-45]. Between 2015 and 2020 alone, the global urban population increased by approximately 400 million people, with more than 90% of this growth occurring in emerging markets and developing economies (EMDEs) [46-48]. This expansion was particularly concentrated in Asia and Africa, most notably in India, the People's Republic of China (hereafter, "China"), and Nigeria. Rapid urbanization, coupled with continued global population growth, is profoundly reshaping societies at an unprecedented pace [49-52]. In 2024, more than half of the global population resided in urban areas; by 2050, this proportion is projected to approach 70%, representing an additional 1.8 billion urban residents [53-56]. Over the same period, Asia's total population is expected to increase by approximately one-third, while Africa's population is projected to double.

The combined effects of global population growth and the continuing transition from rural to urban living have substantially increased the contribution of cities to greenhouse gas (GHG) emissions [57,58]. The urban share of global GHG emissions rose from approximately 62% in 2015 to nearly 70% at present, with urban-related emissions reaching a record level of almost 29 billion tonnes of CO₂ in 2023 [60-62]. According to analysis by the International Energy Agency (IEA), fulfilling the UAE Consensus commitment to double the annual rate of energy-efficiency improvement will require a sustained annual reduction of 4% in primary energy intensity through 2030 [63-65]. Although several countries have achieved improvements exceeding this threshold in individual years, the global average has not reached the 4% target in any single year since the beginning of the twenty-first century.

3. The Role of Electricity Grids in Urban Energy Transitions

Modern, reliable, and flexible electricity grids are essential for achieving urban decarbonization objectives. Electrification represents a central component of the transition away from fossil fuels, particularly when combined with energy-efficiency improvements and the increased deployment of low-emission fuels and renewable energy technologies [66-68]. As cities electrify transport, buildings, heating, cooling, and industrial activities, electricity demand will grow substantially and become increasingly variable. This shift will place additional pressure on existing power networks, requiring major investments in grid expansion, modernization, digital monitoring, energy storage, and demand-side management.

In 2023, electricity accounted for approximately 20% of global total final energy consumption. Under the International Energy Agency's Net Zero Emissions by 2050 Scenario (NZE Scenario), this share is projected to exceed 50% by 2050. Such growth will fundamentally transform the operation and planning of power systems [69-73]. Electricity grids must therefore accommodate larger volumes of variable renewable generation, manage bidirectional power flows from distributed energy resources, support electric vehicles and heat pumps, and maintain system reliability under changing demand patterns. Consequently, ensuring that urban grids are sufficiently resilient, intelligent, interconnected, and adaptable is critical to translating electrification targets into measurable emissions reductions and achieving long-term climate and energy objectives.

The global transition towards net-zero emissions is already gaining substantial momentum, as demonstrated by the accelerating adoption of energy-efficient electric vehicles (EVs) across many urban areas. Sales of new EVs increased by an estimated 35% in 2023 compared with 2022, indicating a rapid shift towards low-emission transport [74-77]. This trend is expected to continue alongside the wider deployment of electricity-based technologies, including heat pumps, air-conditioning systems, and distributed energy resources such as rooftop solar photovoltaic installations. Together, these

developments are increasing the role of electricity in urban transport, buildings, and energy supply while reducing direct dependence on fossil fuels.

Global distributed solar photovoltaic (PV) capacity is expected to expand rapidly, reflecting the growing importance of decentralized electricity generation in the energy transition [78-83]. By 2028, worldwide distributed PV capacity is projected to be, on average, more than 7.5 times its 2018 level. Growth is anticipated to be particularly remarkable in Latin America, where installed distributed PV capacity could increase approximately 68-fold over the same period [84-86]. This exceptional expansion is being supported by declining technology costs, abundant solar resources, favourable regulatory frameworks, rising electricity prices, and increasing demand among households and businesses for affordable and reliable electricity.

Several emerging economies are expected to make substantial contributions to this expansion. Nigeria is projected to install approximately 5 GW of distributed solar PV capacity between 2023 and 2028, while Angola and Kenya are each expected to add around 2 GW [87-90]. In these countries, distributed PV systems can improve electricity access, reduce reliance on diesel generators, and provide a practical alternative in areas where national grids remain weak or insufficiently developed. Brazil is expected to emerge as one of the largest distributed solar markets, with annual capacity additions reaching approximately 7 GW through 2028 [91-93]. This growth is likely to strengthen energy security, diversify the electricity supply, and increase consumer participation in electricity generation.

Simultaneously, the electrification of space and water heating is advancing rapidly, supported by the growing deployment of heat-pump technologies. Global heat-pump sales increased by approximately 11% in 2022, representing the second consecutive year of double-digit market growth [94,95]. This expansion reflects increasing efforts to reduce fossil-fuel consumption in buildings, improve energy efficiency, and lower greenhouse gas emissions from heating systems. Unlike conventional boilers that generate heat by burning coal, oil, or natural gas, heat pumps transfer thermal energy from the surrounding air, ground, or water. Consequently, they can deliver several units of useful heat for each unit of electricity consumed, making them considerably more energy-efficient than traditional electric-resistance and fossil-fuel heating technologies.

In 2022, heat pumps supplied approximately 10% of global heating demand in buildings, serving more than 100 million households [96,97]. Their growing adoption represents an important step towards decarbonizing the building sector, particularly when the electricity used to operate them is generated from renewable or other low-emission sources. Heat pumps can also improve urban air quality by reducing the direct combustion of fossil fuels within residential and commercial buildings. Nevertheless, their widespread deployment will increase electricity demand, particularly during cold periods when heating requirements are highest. This expansion must therefore be supported by well-insulated and energy-efficient buildings, reinforced distribution networks, thermal and electrical storage, smart controls, and demand-response programmes. Coordinating heat-pump operation with periods of abundant renewable generation will be essential to minimize peak loads, maintain grid reliability, and maximize their contribution to the net-zero energy transition.

4. Grid Investment and Modernization for Urban Energy Transitions

Substantial investment in electricity-grid expansion and modernization will be essential to accommodate rapidly increasing electricity demand and integrate larger shares of intermittent renewable generation. The electrification of transport, heating, cooling, and industrial activities is changing both the scale and timing of electricity consumption, while the expansion of wind and solar power is creating more variable and decentralized generation patterns [98].

Ensuring that electricity grids are fit for purpose requires planning beyond present consumption patterns. Networks must be capable of supporting future electrification, distributed energy resources, extreme weather events, and evolving consumer behaviour. Timely grid development is consequently fundamental to enabling countries to pursue their decarbonization pathways in an equitable, reliable, and cost-effective manner [99]. Conversely, delays in grid investment, connection procedures, and regulatory reform may restrict renewable-energy deployment, increase reliance on fossil-fuel generation, and substantially raise emissions. Such delays could slow the global energy transition and make the objective of limiting warming to 1.5°C increasingly difficult to achieve.

Recent developments in the Netherlands illustrate the consequences of inadequate grid capacity. Congestion caused partly by the accelerating electrification of heating and mobility has resulted in more than 3,500 large electricity consumers being placed on waiting lists for new or expanded grid connections. Capacity limitations, already affecting several Dutch regions, could influence as many as 1.5 million residential customers over the coming decade [100].

Climate-related increases in cooling demand are creating similar pressures in rapidly growing cities. Between May and August 2023, exceptionally high temperatures increased air-conditioning use in Mumbai, causing sharp growth in peak electricity demand and contributing to power outages in parts of the city [101-103]. African cities face the combined challenge of expanding electricity access while preparing for rapid population growth, urbanization, and rising appliance ownership. As African countries work towards universal access to affordable, reliable, and sustainable electricity by 2030, urban power systems will need to serve significantly larger and more demanding consumer bases. Lagos, for example, anticipates that its peak electricity demand could increase by approximately 400% by 2040, requiring major investments in generation, network capacity, system flexibility, and institutional planning.

Grid reinforcement is especially important in urban areas, where electricity demand is geographically concentrated. Simultaneous demand from space heating and cooling, EV charging, and household appliances can create substantial local peaks. At the same time, distributed solar PV can produce reverse power flows and voltage fluctuations when generation exceeds local consumption. Research in California, for example, indicates that the local distribution system may need to upgrade five times more feeder lines than initially planned to accommodate the expected number of EVs by 2030. This finding illustrates how national electrification targets can generate highly localized infrastructure requirements that may not be captured by traditional system-planning methods.

Future grids must therefore become more flexible, intelligent, resilient, and capable of coordinating a much larger number of participants and assets. These include households, commercial buildings, electric vehicles, charging stations, rooftop PV systems, batteries, heat pumps, aggregators, and energy communities. Modern digital technologies, such as smart meters, sensors, automated substations, artificial intelligence, advanced distribution-management systems, and real-time communication platforms, can improve network visibility and enable more efficient use of existing infrastructure. When combined with energy storage, demand response, dynamic tariffs, and smart charging, digitalized grids can reduce peak demand, minimize renewable-energy curtailment, defer costly network expansion, and accelerate service restoration following disruptions.

Achieving these benefits requires coordinated action by national governments, local authorities, regulators, utilities, technology providers, and urban planners. Appropriate regulations and market structures are needed to encourage flexibility, accelerate grid connections, and provide clear investment signals. Moreover, urban development planning must be closely integrated with power-system planning so that new residential districts, transport networks, commercial centres, and industrial zones are developed in accordance with future electricity requirements. Such coordination will be essential for building efficient and resilient urban power systems that simultaneously support economic growth, energy affordability, reliability, climate adaptation, and long-term decarbonization.

5. Grid Policy and Modernisation for Urban Energy Transitions

The transition towards low-carbon cities is fundamentally transforming the planning, operation, and governance of electricity networks. Rapid urbanization, population growth, and the electrification of transportation, heating, cooling, and industrial activities are substantially increasing electricity demand, particularly during peak periods. Simultaneously, the deployment of distributed solar photovoltaic systems, battery storage, electric vehicles, and other decentralized energy resources is creating bidirectional and increasingly variable power flows. Because conventional grids were primarily designed for centralized generation and predictable consumption patterns, they may lack the capacity, flexibility, and intelligence required to support these emerging conditions. Grid modernization must therefore extend beyond physical network expansion to include digitalization, automation, energy storage, demand-side management, and regulatory reform. Effective grid policies should also align electricity-system investment with urban development priorities while ensuring that the benefits and costs of the energy transition are distributed equitably. The following policy directions provide a framework for developing resilient, intelligent, and cost-effective urban electricity networks capable of supporting long-term decarbonization.

A. Accelerating investment in grid expansion and reinforcement:

National governments, municipal authorities, regulators, and utilities should prioritize long-term investment in transmission and distribution networks. Existing grids were generally designed for centralized power generation and predictable electricity consumption; therefore, they may be unable to accommodate the rapid expansion of electric vehicles, heat pumps, air-conditioning systems, rooftop solar PV, and other distributed energy resources. Strategic investment is required to increase substation capacity, reinforce urban feeders, replace ageing equipment, and improve interconnections. Proactive

expansion can prevent grid congestion, shorten connection waiting times, and ensure that insufficient network capacity does not delay urban electrification and decarbonization.

B. Advancing grid digitalization and intelligent operation:

Modern urban electricity networks require comprehensive digital monitoring and automated control to manage increasingly complex and dynamic power flows. The deployment of smart meters, sensors, advanced distribution-management systems, automated substations, artificial intelligence, and real-time communication technologies can provide utilities with greater visibility of network conditions. These technologies can identify faults, forecast demand, optimize voltage levels, detect congestion, and restore electricity supplies more rapidly following disruptions. Digitalization can also improve the use of existing infrastructure, reducing the need for unnecessary physical expansion and supporting more reliable integration of renewable energy.

C. Strengthening flexibility, storage, and demand-side management:

Policies should encourage energy storage, demand-response programmes, dynamic electricity tariffs, smart EV charging, and flexible building-energy systems. These measures can shift electricity consumption away from periods of high demand and towards periods when renewable generation is abundant. For example, electric vehicles could be charged during off-peak hours, while heat pumps and cooling systems could be operated using smart controls and thermal storage. Battery systems can absorb excess solar electricity during the day and release it during evening demand peaks. Such flexibility reduces pressure on urban grids, limits renewable-energy curtailment, and may defer costly infrastructure upgrades.

D. Aligning urban development with power-system planning:

Urban planning and electricity-network planning should be closely coordinated to ensure that future power requirements are considered before new developments are approved. Residential areas, commercial districts, industrial zones, public transport systems, and EV-charging networks can significantly change the location and intensity of electricity demand. Local authorities should therefore share land-use, population, building, transport, and climate projections with utilities and system operators. Integrated planning can help identify future congestion risks, determine appropriate locations for substations and charging hubs, and ensure that grid upgrades are completed before new demand is connected.

E. Establishing supportive, equitable, and adaptive regulatory frameworks:

Regulatory reforms are necessary to accelerate grid connections, provide stable investment signals, and enable new market participants, including households, energy communities, storage operators, aggregators, and EV owners, to contribute to system flexibility. Regulations should define transparent connection procedures, appropriate compensation for distributed generation, cybersecurity requirements, data-sharing standards, and incentives for efficient electricity use. At the same time, grid-modernization costs should be distributed fairly to avoid increasing energy poverty or excluding low-income communities from the benefits of electrification. An equitable policy framework should ensure that clean, affordable, and reliable electricity remains accessible to all urban residents while supporting innovation and long-term decarbonization.

Grid policy and modernization are critical components of successful urban energy transitions. Expanding and reinforcing network infrastructure will be necessary to accommodate growing electricity demand and integrate increasing volumes of distributed renewable generation. However, physical expansion alone will not be sufficient. Digital monitoring, intelligent control, energy storage, demand response, dynamic pricing, and smart charging are also required to improve system flexibility and maximize the utilization of existing assets. Close coordination between urban planners, utilities, regulators, and local communities can ensure that future electricity requirements are considered in housing, transport, commercial, and industrial development. Furthermore, adaptive regulatory frameworks must encourage investment and innovation while protecting consumers and ensuring equitable access to affordable and reliable electricity. Through integrated planning, supportive policies, and timely investment, cities can develop resilient power systems that reduce emissions, enhance energy security, accommodate emerging technologies, and provide a reliable foundation for inclusive and sustainable urban development.

6. Conclusion

Urbanization and the continued concentration of population and economic activity in cities are intensifying energy demand and increasing the significance of urban areas in global greenhouse gas emissions. Achieving climate and energy-efficiency objectives will therefore depend substantially on the ability of cities to electrify transport, heating, cooling, buildings, and other end-use sectors using low-emission electricity. However, this transition cannot be achieved without electricity networks capable of

accommodating higher and more variable demand, integrating distributed renewable generation, and managing increasingly complex bidirectional power flows.

Timely investment in grid expansion, reinforcement, digitalization, and flexibility is essential to prevent network congestion, connection delays, renewable-energy curtailment, and declining service reliability. Physical infrastructure upgrades should be complemented by smart meters, automated control systems, energy storage, demand response, dynamic tariffs, advanced forecasting, and coordinated EV charging. These solutions can improve the utilization of existing assets, reduce peak demand, enhance resilience, and lower the overall cost of urban decarbonization.

Effective governance is equally important. National and local authorities, regulators, utilities, urban planners, technology providers, and communities must coordinate electricity-system development with land-use, housing, transport, and climate-resilience planning. Regulatory frameworks should provide clear investment signals, accelerate grid connections, support consumer and community participation, and ensure that modernization costs and benefits are distributed equitably. Ultimately, future-ready urban grids will serve not only as infrastructure for electricity delivery but also as a central platform for emissions reduction, energy security, technological innovation, and sustainable economic development. Integrated planning and decisive policy action are therefore required to ensure that urban energy transitions remain reliable, affordable, inclusive, and consistent with long-term net-zero objectives.

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